

65 NBL DIVISIONS

FORMS

(Note: A division labeled contemporary allows creative and musical.)

(Note: Sound effects and background music cannot be scored as choreography.)

| CONTEMPORARY | | | |
|---------------------|-----------|----------------------------|-------|
| N-1/2/10 | () 11- | Hard Creative | (m/f) |
| N-3/4/11/12 | () 12-17 | Hard Creative | (m/f) |
| N-5/6/7/13 | () 17- | Hard Choreographed Musical | (m/f) |
| N-8 | () 17- | Hard Open Musical | (m/f) |
| N-9 | () 17- | Soft Open | (m/f) |
| N-14 | () 18+ | Hard Creative | (m) |
| N-15 | () 18+ | Hard Choreographed Musical | (m/f) |
| N-16 | () 18+ | Hard Open Musical | (m/f) |
| N-17 | () 18+ | Soft Contemporary | (m/f) |
| N-18 | () 18+ | Hard Creative | (f) |
| N-19/20 | () 35+ | Hard Contemporary | (m/f) |

| TRADITIONAL | | | |
|--------------------|---------|--------------------------|-------|
| N-21/22/23 | () 17- | Japanese/Okinawan | (m/f) |
| N-24/25/26 | () 17- | Kenpo/Kajukenbo | (m/f) |
| N-27/28/29 | () 17- | Korean | (m/f) |
| N-30/34 | () 18+ | Japanese/Okinawan | (m/f) |
| N-31 | () 18+ | Kenpo/Kajukenbo | (m/f) |
| N-32/35 | () 18+ | Korean | (m/f) |
| N-33 | () 18+ | Chinese (no Wushu/Kenpo) | (m/f) |
| N-36/37 | () 35+ | Hard Traditional | (m/f) |

TEAM

(Note: Each team must have at least one blackbelt)

| | | | |
|------|---------|------|-------|
| N-38 | () All | Open | (m/f) |
|------|---------|------|-------|

WEAPONS

| CONTEMPORARY | | | |
|---------------------|---------|-------------------------------|-------|
| N-39-41/46/47 | () 17- | Hard & Soft Creative | (m/f) |
| N-42/43/44 | () 17- | Hard & Soft Choreographed Mus | (m/f) |
| N-45 | () 17- | Hard & Soft Open Musical | (m/f) |
| N-48/51 | () 18+ | Hard Creative | (m/f) |
| N-49 | () 18+ | Hard Choreographed Musical | (m/f) |
| N-50 | () 18+ | Soft Open | (m/f) |
| N-52 | () 35+ | Hard Contemporary | (m/f) |

| TRADITIONAL | | | |
|--------------------|---------|------------------|-------|
| N-53/54/55 | () 17- | Hard Traditional | (m/f) |
| N-56 | () 18+ | Hard Traditional | (m/f) |

SELF DEFENSE

(Note: N-57 to N-60 can be of any rank, but under blackbelts cannot wear a belt)

| CONTEMPORARY | | | |
|---------------------|---------|---------------------|-------|
| N-57/58 | () All | Choreographed Fight | (m/f) |

| TRADITIONAL | | | |
|--------------------|---------|--|-------|
| N-59/60 | () All | | (m/f) |

BREAKING

(Note: N-61 and N-62 can be of any rank, but under blackbelts cannot wear a belt)

| | | | |
|---------|---------|------|-------|
| N-61/62 | () All | Open | (m/f) |
|---------|---------|------|-------|

SPARRING

(Note: All junior player's points in both point and continuous sparring will be bumped into the weight division they competed in at their last NBL tournament of the season unless a change is requested by point chart by October 10. Fees apply thereafter. Players must compete in the division at the Super Grands for the weight they are when they weigh in regardless of where their points are in the rankings, so players must make sure their points are in the division that they want to compete in at the Super Grands.)

POINT

(Note: N-63 to N-75 can be of any rank, but under blackbelts cannot wear a belt)

| | | lbs. | | kilo | |
|---------------|-----------|-------------|--------|-------------|-------|
| N-63/64 | () 11- | Light | 66- | (30-) | (m/f) |
| N-65/66 | () 11- | Heavy | 66+ | (30+) | (m/f) |
| N-67 | () 12-14 | Light | 99- | (45-) | (m) |
| N-68/69 | () 12-14 | Heavy | 99+ | (45+) | (m) |
| N-70 | () 15-17 | Light | 143- | (65-) | (m) |
| N-71/72 | () 15-17 | Heavy | 143+ | (65+) | (m) |
| N-73/74/75 | () 12-17 | Feather | 121- | (55-) | (f) |
| N-73/74/75 | () 12-17 | Light | 121+ | (55+) | (f) |
| N-76/77/78 | () 18+ | Light | 151.8- | (69-) | (m) |
| N-79/80 | () 18+ | Middle | 173.8- | (79-) | (m) |
| N-81/82 | () 18+ | Heavy | 200.2- | (91-) | (m) |
| N-83 | () 18+ | Sp. Hvy | 200.2+ | (91+) | (m) |
| N-84/85/86/87 | () 18+ | All Weights | | | (f) |
| N-88/89/90/91 | () 35+ | All Weights | | | (m) |
| N-92 | () 35+ | All Weights | | | (f) |
| N-93/94 | () 45+ | All Weights | | | (m) |

CONTINUOUS

(Note: N-95 to N-107 can be of any rank, but under blackbelts cannot wear a belt)

| | | lbs. | | kilo | |
|---------------|-----------|-------------|--------|-------------|-------|
| N-95/96 | () 11- | Light | 66- | (30-) | (m/f) |
| N-97/98 | () 11- | Heavy | 66+ | (30+) | (m/f) |
| N-99 | () 12-14 | Light | 99- | (45-) | (m) |
| N-100/101 | () 12-14 | Heavy | 99+ | (45+) | (m) |
| N-102 | () 15-17 | Light | 143- | (65-) | (m) |
| N-103/104 | () 15-17 | Heavy | 143+ | (65+) | (m) |
| N-105/106/107 | () 12-17 | Feather | 121- | (55-) | (f) |
| N-105/106/107 | () 12-17 | Light | 121+ | (55+) | (f) |
| N-108/109 | () 18+ | Light | 151.8- | (69-) | (m) |
| N-110/111 | () 18+ | Middle | 173.8- | (79-) | (m) |
| N-112/113 | () 18+ | Heavy | 200.2- | (91-) | (m) |
| N-114 | () 18+ | Sp. Hvy | 200.2+ | (91+) | (m) |
| N-115/116 | () 18+ | All Weights | | | (f) |

TEAM

(Note: N-117 & N-118 can be of any rank, but under blackbelts cannot wear a belt)

| | | |
|-------|-------------------------------|-----|
| N-117 | () 9-11, 12-14, 15-17 | (m) |
| N-118 | () 9-11, 12-14, 15-17 | (f) |
| N-119 | () 18+, 18+, 18+ | (m) |
| N-120 | () 18+ (m), 18+ (f), 35+ (m) | |